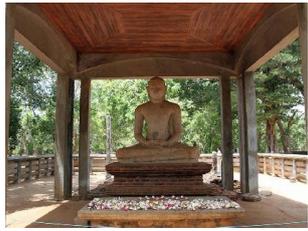
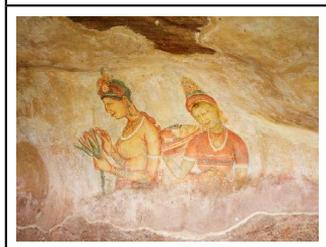


TOUR ITINERARY FOR: TLC Concierge (bookings@tlc.lk)

Trincomalee & Ancient Cities

Explore the ancient cities of Sri Lanka and experience its rich cultural heritage. Discover Trincomalee, the picturesque east coast port city and unwind & relax on Nilaveli Beach. First 2 nights in Trincomalee & next 2 nights in Polonnaruwa.

Listing Image	Description	Schedule
	<p>Anuradhapura Sacred City, Anuradhapura</p> <p>Once an ancient royal kingdom, Anuradhapura is the earliest recorded capital city of Sri Lanka, a title which it maintained for close to a thousand years. A World Heritage site, its immense dagobas</p>	Day 1 at 11 am
	<p>Mihintale, Anuradhapura</p> <p>Mihintale is known as the birthplace of Buddhism in Sri Lanka as it was where Arahat Mahinda, Lord Buddha's most trusted disciple met and converted King Devanampiyatissa while he was hunting.</p>	Day 1 at 4 pm
	<p>Trincomalee, Trincomalee</p> <p>The main city on Sri Lanka's eastern seaboard, Trincomalee lies on one of the best natural deep water harbours in the world. With a deep history going back to the times of great Dravidian dynasties</p>	Day 1 at 7 pm
	<p>Pigeon Island, Nilaveli</p> <p>Pigeon Island is located north of Trincomalee, and specifically in the Nilaveli area. Activities here include surfing, whale watching and diving tours.</p>	Day 2 at 8 am
	<p>Nilaveli Beach, Nilaveli</p> <p>North of Trincomalee, Nilaveli's attraction lies in its decidedly peaceful environment. It's unspoilt, broad beach provides for hours of unwinding and relaxing at your own pace or just long, quiet</p>	Day 2 at 11 am
	<p>Koneswaram Temple, Trincomalee</p> <p>One of five ancient Ishawarams dedicated to Lord Shiva, its existence can be traced back to before 400BC, and is referred to in historical texts as the Kailash of the South. This is due to its</p>	Day 3 at 9 am

	<p>Fort Fredrick, Trincomalee</p> <p>Fort Frederick or Trincomalee Fort as it is referred to colloquially, is a protective monument in remarkably good condition that dates back to the Portuguese colonial period. The building was</p>	<p>Day 3 at 9 am</p>
	<p>Medirigiriya Vatadage, Wasgamuwa</p> <p>The vatadage in Medirigiriya, a beautifully well-preserved monument that shows us the true appearance of most of them. This building is actually part of a large monastic complex of brick and stone</p>	<p>Day 3 at 1 pm</p>
	<p>Minneriya National Park, Minneriya</p> <p>A relatively small park of scrubland and dry zone forest, its focal point is the ancient Minneriya Tank, which becomes the site for one of the greatest natural spectacles in the world.</p>	<p>Day 3 at 3 pm</p>
	<p>Polonnaruwa Ancient City, Polonnaruwa</p> <p>For a glimpse of medieval Sri Lankan architecture and craftsmanship, no better example exists than the ancient city of Polonnaruwa, a World Heritage site. Towards the end of the first millennia</p>	<p>Day 4 at 9 am</p>
	<p>Sigiriya Rock Fortress, Sigiriya</p> <p>Sigiriya or the Lion Rock is Sri Lanka's single most visited tourist attraction and with good reason. With its history lying in family feud and patricide, this lone sentinel of reddish gneiss rising</p>	<p>Day 5 at 9 am</p>
	<p>Dambulla Golden Temple, Dambulla</p> <p>A complex of five caves, lying ensconced within a 600-foot rock massif rising from the plains, the history of the Golden Temple of Dambulla dates back to the 1st Century BC. This cave complex</p>	<p>Day 5 at 2 pm</p>