

TOUR ITINERARY FOR: TLC Concierge (bookings@tlc.lk)

The Essence of Sri Lanka in 7 Days

Explore & discover ancient cities, enjoy the scenic beauty of varied landscapes & climates, fall in love with Sri Lanka's diverse fauna, retreat & rejuvenate on a sun drenched beach in paradise. Nights stays in Habarana, Kandy, N'Elia & Bentota.

Listing Image	Description	Schedule
	<p>Pinnawala Elephant Orphanage , Pinnawala</p> <p>The Pinnawala Elephant Orphanage is one of the best places to see large numbers of elephants in a controlled environment. Pinnawala is best visited at feeding & bathing times which happens twice a day</p>	Day 1 at 9 am
	<p>Dambulla Golden Temple, Dambulla</p> <p>A complex of five caves, lying ensconced within a 600-foot rock massif rising from the plains, the history of the Golden Temple of Dambulla dates back to the 1st Century BC. This cave complex</p>	Day 1 at 2 pm
	<p>Sigiriya Rock Fortress, Sigiriya</p> <p>Sigiriya or the Lion Rock is Sri Lanka's single most visited tourist attraction and with good reason. With its history lying in family feud and patricide, this lone sentinel of reddish gneiss rising</p>	Day 2 at 9 am
	<p>Polonnaruwa Ancient City, Polonnaruwa</p> <p>For a glimpse of medieval Sri Lankan architecture and craftsmanship, no better example exists than the ancient city of Polonnaruwa, a World Heritage site. Towards the end of the first millennia</p>	Day 3 at 9 am
	<p>Minneriya National Park, Minneriya</p> <p>A relatively small park of scrubland and dry zone forest, its focal point is the ancient Minneriya Tank, which becomes the site for one of the greatest natural spectacles in the world.</p>	Day 3 at 2 pm
	<p>Aluvihara Rock Cave Temple, Matale</p> <p>During the reign of King Vattagamini Abhaya in the first century BC, conflict with South India invaders was rife and he feared that the teachings of Lord Buddha which were until the time committed to</p>	Day 4 at 9 am

	<p>Ceylon Spices, Matale</p> <p>The spices can only be harvested by hand, thus requiring careful picking and choosing. This is one of the things that visitors get to see at the Spice Gardens in Matale, Kandy and Mawanella</p>	<p>Day 4 at 11 am</p>
	<p>Ceylon Tea Museum, Peradeniya</p> <p>The Ceylon Tea Museum located on the outskirts of Kandy is a tribute to one of the great industries that has made Sri Lanka a household name worldwide. Housed in the abandoned Hantane Tea Factory</p>	<p>Day 4 at 2 pm</p>
	<p>Kandy National Museum, Kandy</p> <p>Situated next to the Temple of the Tooth, the museum features exhibits from the Kandyan & post-British colonial period. Artifacts include royal relics, thrones, scepters, ceremonial swords & jewellery.</p>	<p>Day 4 at 3 pm</p>
	<p>Temple Of The Sacred Tooth Relic, Kandy</p> <p>The Temple of the Tooth or Dalada Maligawa houses the tooth relic of Lord Buddha and is one of the most sacred sites of Buddhist pilgrimage. The temple is within Sri Lanka's last royal palace complex</p>	<p>Day 4 at 4 pm</p>
	<p>Nuwara Eliya, Nuwara Eliya</p> <p>Perched at an elevation of 6,000ft, Nuwara Eliya lies at the heart of Sri Lanka's tea country, from where prized Ceylon tea originates. Established during British colonial times by pioneering...</p>	<p>Day 5 at 10 am</p>
	<p>Seetha Amman Temple, Hakgala</p> <p>The temple, surrounded by the wonderful misty cloud forests of N'Elia, is the only place of worship dedicated to Lady Sita, the chaste wife of Lord Rama and one of the primary protagonists of Ramayana.</p>	<p>Day 5 at 11 am</p>
	<p>Hakgala Gardens, Hakgala</p> <p>A speciality of the gardens is its emphasis on temperate species, beautifully laid out over its terraced slopes. The gardens feature a large rose garden, with its myriad of colourful blooms perfuming</p>	<p>Day 5 at 11 am</p>
	<p>Lake Gregory, Nuwara Eliya</p> <p>Enjoy the picturesque Lake Gregory, one of many beautiful places in Nuwara Eliya. Recreational activities include boat tours, walking path tours, bicycle rides and pony rides.</p>	<p>Day 5 at 4 pm</p>

	<p>St. Clair Falls, Thalawakelle</p> <p>St. Clair's Falls is one of Sri Lanka's most scenic, located on the Hatton-Nuwara Eliya road, a short distance away from Talawakele. At a height of 262ft it is the country's 20th tallest.</p>	<p>Day 6 at 9 am</p>
	<p>Devon Falls, Thalawakelle</p> <p>This spectacular 318ft waterfall is off the Hatton-Nuwara Eliya road, near Talawakele. It's the country's 19th tallest & lies on the Kotmale Oya (river), a tributary of Mahaweli, SL's longest river</p>	<p>Day 6 at 9 am</p>
	<p>Kitulgala, Kitulgala</p> <p>Sri Lanka's second longest river, the Kelani, forms a natural choke point before widening out again, making it the most popular location for whitewater rafting in the country.</p>	<p>Day 6 at 11 am</p>
	<p>Bentota Beach, Bentota</p> <p>Bentota is one of Sri Lanka's oldest and most popular beach destinations. This fine stretch of golden sand is backed by the Bentota River, giving it a secluded and very private atmosphere.</p>	<p>Day 6 at 5 pm</p>
	<p>Hikkaduwa Beach, Hikkaduwa</p> <p>Hikkaduwa is a popular beach destinations among young travellers. Set amidst bustling sprawl of hotels, pubs and bars, Hikkaduwa offers an upbeat environment with plenty of entertainment & nightlife.</p>	<p>Day 7 at 9 am</p>
	<p>Hikkaduwa Coral Reef, Hikkaduwa</p> <p>The Hikkaduwa National Park consists of a network of fringing reefs around the southern area of the island, specifically near the city of Hikkaduwa. The Hikkaduwa beach is a popular destination for</p>	<p>Day 7 at 9 am</p>
	<p>Galle Fort, Galle</p> <p>Sitting on a rocky peninsula sheltering the port of Galle, the Galle Fort is a living monument to Sri Lanka's colonial past, and an epitome of old world charm. The best example of a fortified city...</p>	<p>Day 7 at 12 pm</p>
	<p>Unawatuna Beach, Unawatuna</p> <p>Unawatuna is a horseshoe shaped bay that features one of Sri Lanka's finest beaches. Protected by a reef, turquoise waters lap at the golden, palm fringed shoreline creating a picture perfect beach</p>	<p>Day 7 at 4 pm</p>